



**COME JOIN US!!!**

**PILOT SENIOR EXERCISE PROGRAM  
(PARTNERSHIP WITH RICHMOND TOWNSHIP,  
CUNAT AND SENIOR SERVICES)**

**TUESDAYS & THURSDAYS**

**9:00 am-10:00 am**

**(Water Aerobics Pending)**

**KENSINGTON MANOR COMMUNITY ROOM  
FOR SENIORS AGE 50+**

**COST: \$5.00 per month for Richmond, Burton & McHenry  
Township residents (which includes Spring Grove)  
\$10.00 per month non-residents**

**RICHMOND TOWNSHIP  
SENIOR TRANSPORTATION  
WILL PROVIDE TRANSPORTATION  
CALL RICHMOND TOWNSHIP AT  
815-678-0077**

